

SPA PACKAGE



'Le Spa Latanier' is set halfway up the hill, surrounded by "Latanier" and "Kallis du Pap" trees and nestled into the lush vegetation, on the border of the resort and the rainforest. The Spa boasts a variety of massages, a private steam room, indoor/ outdoor treatment room, outdoor shower, relaxation garden and 'Rainforest Jacuzzi'. The products selected for our treatments are based on essential oils - a truly bio-product, drawing on the natural environment as inspiration for its range of treatments.

Spa Package includes following 6 treatments and private use of steam room for 60 mins.

Day 1

Head, Neck, Back & Shoulder Massage – 45 mins.

A perfect and quick solution to relieve muscle stress and tension. This massage is particularly beneficial for those who work in stressful environments and with computers. The massage focuses on the shoulders, upper and lower back areas.

Uplifting Facial Massage “Cerf Island” – 45 mins.

Massage that stimulating the lymph system of the facial muscles. It provides a light cleansing followed by a gentle, relaxing facial massage which moisturizes the skin.

Day 2

Indian Head Massage – 30 mins.

A calming technique of manipulating and un-knotting tensions in the back, shoulders, neck as well as scalp and face area. It improves the condition of the hair, and promotes clear thinking, relieves mental fatigue, eye strain and headaches, and reduces stress. Improves lymphatic system and disperses toxins from tense muscles giving more flexibility and fluidity of movement.

Detoxifying Sea salt Body Scrub – 45 mins.

Re-mineralizing sea salt provides the slight abrasion necessary to rid the skin surface of dead cells, increase blood circulation, and naturally triggers the skins' own oil secretion. Our fine salt scrub will leave your skin smooth, and fruit based Antioxidants will revitalize your entire being. Infused with Cerf Island's Signature aromatherapy blend of essential oils, it also moisturizes the skin.

Day 3

Aromatherapy Massage – 60 mins.

Full body massage to gently relax your body with long -stroke techniques. Allow your tensions and fatigue to be massaged away with gentle pressing of the palm and thumb on pressure points. Very relaxing with aromatic oils.

Manicure with hand massage – 60 mins.

Terms and Conditions:

- Validity Period: 1 November 2012 - 31 October 2013 inclusive.
- Valid in conjunction with other offers and packages, as long as the full price of the package is paid.
- The package can be booked at the time of booking accommodation or upon arrival at the resort, Subject to availability and upon request only. No refund/cash alternative available.
- We reserve the right to vary the offer. If any part(s) of this offer is not clear please check with us before confirming your booking.